



**Lower Dauphin School District**  
**Secondary Lunch Menu**  
**December 4-8, 2023**  
 Please visit our Menu website for carb counts, dietary & Nutritional information @ [ldsd.nutrislice.com](http://ldsd.nutrislice.com)





A full student lunch includes choice of entrée (protein and grain), up to 2 servings of vegetables, 2 servings of fruit, and a choice of milk.

Station	Monday 12/4	Tuesday 12/5	Wednesday 12/6	Thursday 12/7	Friday 12/8
<b>CREATE</b>  Favorite Comfort Foods & International Flavors Served Your Way	Chicken Parmesan  Spaghetti  Broccoli  Bread stick	Grilled Cheese  Tomato Soup	Chicken Fajitas  Soft tortilla  Peppers & Onions  Seasoned Corn	Chicken Nuggets  Dinner roll  Crinkle Cut Fries	Turkey and Gravy  Over Biscuit  Mashed Potato  Corn
<b>PIZZA</b>  Pizzas, Calzones, Flatbreads and More Baked Fresh Daily Pizza Sauce Dipping Cups Available Daily	Special of the Day  Classic Cheese Pizza  Classic Pepperoni Pizza	Special of the Day  Classic Cheese Pizza  Classic Pepperoni Pizza	Special of the Day  Classic Cheese Pizza  Classic Pepperoni Pizza	Special of the Day  Classic Cheese Pizza  Classic Pepperoni Pizza	Special of the Day  Classic Cheese Pizza  Classic Pepperoni Pizza
<b>DELI</b>  Made to Order Sandwich & Salad Bar  Available Daily: --Assorted Meats, Cheeses & other Proteins --Whole Grain Sliced Bread, Whole Grain Tortillas and White Rolls --Shredded Romaine Lettuce & Sliced Tomato --Cool Marinated Cucumbers & Pico de Gallo	Assorted Meats, Cheeses & other Proteins Whole Grain Sliced Bread, Whole Grain Tortillas and Rolls Shredded Romaine Lettuce & Sliced Tomato	Assorted Meats, Cheeses & other Proteins Whole Grain Sliced Bread, Whole Grain Tortillas and Rolls Shredded Romaine Lettuce & Sliced Tomato	Assorted Meats, Cheeses & other Proteins Whole Grain Sliced Bread, Whole Grain Tortillas and Rolls Shredded Romaine Lettuce & Sliced Tomato	Assorted Meats, Cheeses & other Proteins Whole Grain Sliced Bread, Whole Grain Tortillas and Rolls Shredded Romaine Lettuce & Sliced Tomato	Assorted Meats, Cheeses & other Proteins Whole Grain Sliced Bread, Whole Grain Tortillas and Rolls Shredded Romaine Lettuce & Sliced Tomato
  Freshly Made Grab-and-Go Sandwiches, Salads and More	Assorted Daily Salads  Strawberry or Blueberry Parfait with Granola	Assorted Daily Salads  Strawberry or Blueberry Parfait with Granola	Assorted Daily Salads  Strawberry or Blueberry Parfait with Granola	Assorted Daily Salads  Strawberry or Blueberry Parfait with Granola	Assorted Daily Salads  Strawberry or Blueberry Parfait with Granola
<b>GRILL</b>  Romaine Lettuce and Sliced Tomatoes Available Daily	Special of the Day  Crispy Chicken Patty Sandwich  Classic American Cheeseburger	Special of the Day  Crispy Chicken Patty Sandwich  Classic American Cheeseburger	Special of the Day  Crispy Chicken Patty Sandwich  Classic American Cheeseburger	Special of the Day  Crispy Chicken Patty Sandwich  Classic American Cheeseburger	Special of the Day  Crispy Chicken Patty Sandwich  Classic American Cheeseburger
*Chartwells is an equal opportunity employer*	<p style="color: red;"><b>Breakfast is served everyday</b></p> Items offered daily are Hot Breakfast Sandwiches, Assorted Cereals, Muffins, Breakfast Bars, Fruits, Milk  The National School Lunch Program is operated in accordance with U.S. Department of Agriculture	<p style="color: red;"><b>Cold Carrots, Broccoli and Garbanzo Beans offered daily at each Station as an Alternate Vegetable</b></p> <p style="color: red;"><b>***All menus are subject to change due to product availability.</b></p>	<p style="color: red;"><b>Milk Choices Offered Daily</b></p> 1% White, Skim, Fat Free Chocolate, Fat Free Strawberry <p style="color: red;"><b>A Selection of Fresh Seasonal Fruits Will be Available Daily</b></p>	Lunch Prices  Regular- \$2.80  Please go to <a href="http://www.myschoolbucks.com">www.myschoolbucks.com</a> for student balance, transaction and online payment information.	

**Lower Dauphin School District**  
**Secondary Lunch Menu**  
**December 11-15, 2023**  
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A full student lunch includes choice of entrée (protein and grain), up to 2 servings of vegetables, 2 servings of fruits, and a choice of milk.

Station	Monday 12/11	Tuesday 12/12	Wednesday 12/13	Thursday 12/14	Friday 12/15
<p style="text-align: center;"><b>CREATE</b></p> <p style="text-align: center;">Favorite Comfort Foods &amp; International Flavors Served Your Way</p>	<p>Chicken Tenders</p> <p>Baked Fries</p> <p>Dinner roll</p>	<p style="text-align: center;"><u><b>Burger Bar</b></u></p> <p>Assorted toppings</p> <p>Potato Wedges</p>	<p style="text-align: center;"><u><b>Walking Tacos</b></u></p> <p>Dorito Bag</p> <p>Taco Meat, Salsa, Cheese, Lettuce</p> <p>Steamed Corn</p>	<p>Popcorn Chicken</p> <p>Sweet &amp; Sour sauce</p> <p>Rice</p> <p>Asian Vegetables</p>	<p>Macaroni and Cheese Bar</p> <p>Ham</p> <p>Stewed Tomatoes</p> <p>Broccoli</p> <p>Dinner Roll</p>
<p style="text-align: center;"><b>PIZZA</b></p> <p>Pizzas, Calzones, Flatbreads and More Baked Fresh Daily Pizza Sauce Dipping Cups Available Daily</p>	<p>Special of the Day</p> <p>Classic Cheese Pizza</p> <p>Classic Pepperoni Pizza</p>	<p>Special of the Day</p> <p>Classic Cheese Pizza</p> <p>Classic Pepperoni Pizza</p>	<p>Special of the Day</p> <p>Classic Cheese Pizza</p> <p>Classic Pepperoni Pizza</p>	<p>Special of the Day</p> <p>Classic Cheese Pizza</p> <p>Classic Pepperoni Pizza</p>	<p>Special of the Day</p> <p>Classic Cheese Pizza</p> <p>Classic Pepperoni Pizza</p>
<p style="text-align: center;"><b>DELI</b></p> <p>Made to Order Sandwich &amp; Salad Bar</p> <p>Available Daily: --Assorted Meats, Cheeses &amp; other Proteins --Whole Grain Sliced Bread, Whole Grain Tortillas and White Rolls --Shredded Romaine Lettuce &amp; Sliced Tomato --Cool Marinated Cucumbers &amp; Pico de Gallo</p>	<p>Assorted Meats, Cheeses &amp; other Proteins</p> <p>Whole Grain Sliced Bread, Whole Grain Tortillas and Rolls</p> <p>Shredded Romaine Lettuce &amp; Sliced Tomato</p>	<p>Assorted Meats, Cheeses &amp; other Proteins</p> <p>Whole Grain Sliced Bread, Whole Grain Tortillas and Rolls</p> <p>Shredded Romaine Lettuce &amp; Sliced Tomato</p>	<p>Assorted Meats, Cheeses &amp; other Proteins</p> <p>Whole Grain Sliced Bread, Whole Grain Tortillas and Rolls</p> <p>Shredded Romaine Lettuce &amp; Sliced Tomato</p>	<p>Assorted Meats, Cheeses &amp; other Proteins</p> <p>Whole Grain Sliced Bread, Whole Grain Tortillas and Rolls</p> <p>Shredded Romaine Lettuce &amp; Sliced Tomato</p>	<p>Assorted Meats, Cheeses &amp; other Proteins</p> <p>Whole Grain Sliced Bread, Whole Grain Tortillas and Rolls</p> <p>Shredded Romaine Lettuce &amp; Sliced Tomato</p>
 <p>Freshly Made Grab-and-Go Sandwiches, Salads and More</p>	<p>Assorted Daily Salads</p> <p>Strawberry or Blueberry Parfait with Granola</p>	<p>Assorted Daily Salads</p> <p>Strawberry or Blueberry Parfait with Granola</p>	<p>Assorted Daily Salads</p> <p>Strawberry or Blueberry Parfait with Granola</p>	<p>Assorted Daily Salads</p> <p>Strawberry or Blueberry Parfait with Granola</p>	<p>Assorted Daily Salads</p> <p>Strawberry or Blueberry Parfait with Granola</p>
<p style="text-align: center;"><b>GRILL</b></p> <p>Romaine Lettuce and Sliced Tomatoes Available Daily</p>	<p>Special of the Day</p> <p>Classic American Cheeseburger</p> <p>Crispy Chicken Patty Sandwich</p>	<p>Special of the Day</p> <p>Classic American Cheeseburger</p> <p>Crispy Chicken Patty Sandwich</p>	<p>Special of the Day</p> <p>Classic American Cheeseburger</p> <p>Crispy Chicken Patty Sandwich</p>	<p>Special of the Day</p> <p>Classic American Cheeseburger</p> <p>Crispy Chicken Patty Sandwich</p>	<p>Special of the Day</p> <p>Classic American Cheeseburger</p> <p>Crispy Chicken Patty Sandwich</p>
<p>*Chartwells is an equal opportunity employer*</p>	<p style="text-align: center;"><u><b>Breakfast is served everyday</b></u></p> <p>Items offered daily are Hot Breakfast Sandwiches, Assorted Cereals, Muffins, Breakfast Bars, Fruits, Milk</p> <p>The National School Lunch Program is operated in accordance with U.S. Department of Agriculture</p>	<p><b>Cold Carrots, Broccoli and Garbanzo Beans offered daily at each Station as an Alternate Vegetable</b></p> <p><b>***All menus are subject to change due to product availability.</b></p>	<p><b>Milk Choices Offered Daily</b> 1% White, Skim, Fat Free Chocolate, Fat Free Strawberry</p> <p><b>A Selection of Fresh Seasonal Fruits Will be Available Daily</b></p>	<p><b>Lunch Prices</b></p> <p>Regular- \$2.80</p> <p>Please go to <a href="http://www.myschoolbucks.com">www.myschoolbucks.com</a> for student balance, transaction and online payment information.</p>	

**Lower Dauphin School District**  
**Secondary Lunch Menu**  
**December 18-22, 2023**  
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A full student lunch includes choice of entrée (protein and grain), up to 2 servings of vegetables, 2 servings of fruit, and a choice of milk.

Station	Monday 12/18	Tuesday 12/19	Wednesday 12/20	Thursday 12/21	Friday 12/22
<p style="text-align: center;"><b>CREATE</b></p> <p>Favorite Comfort Foods &amp; International Flavors Served Your Way</p>	<p><b>Breakfast for Lunch</b></p> <p>French Toast</p> <p>Sausage</p> <p>Hash Brown</p>	<p>Philly Cheese Steak</p> <p>Pepper &amp; Onions</p> <p>Wedge Fries</p>	<p>Popcorn Chicken</p> <p>Mashed Potatoes w/ gravy</p> <p>Dinner roll</p>	<p><b>Pasta Bar</b></p> <p>Chicken Alfredo</p> <p>Penne w/ Marinara Meat sauce</p> <p>Broccoli</p> <p>Dinner roll</p>	<p><b>Holiday Break</b></p>
<p style="text-align: center;"><b>PIZZA</b></p> <p>Pizzas, Calzones, Flatbreads and More Baked Fresh Daily Pizza Sauce Dipping Cups Available Daily</p>	<p>Special of the Day</p> <p>Classic Cheese Pizza</p> <p>Classic Pepperoni Pizza</p>	<p>Special of the Day</p> <p>Classic Cheese Pizza</p> <p>Classic Pepperoni Pizza</p>	<p>Special of the Day</p> <p>Classic Cheese Pizza</p> <p>Classic Pepperoni Pizza</p>	<p>Special of the Day</p> <p>Classic Cheese Pizza</p> <p>Classic Pepperoni Pizza</p>	
<p style="text-align: center;"><b>DELI</b></p> <p>Made to Order Sandwich &amp; Salad Bar</p> <p>Available Daily: --Assorted Meats, Cheeses &amp; other Proteins --Whole Grain Sliced Bread, Whole Grain Tortillas and White Rolls --Shredded Romaine Lettuce &amp; Sliced Tomato --Cool Marinated Cucumbers &amp; Pico de Gallo</p>	<p>Assorted Meats, Cheeses &amp; other Proteins</p> <p>Whole Grain Sliced Bread, Whole Grain Tortillas and Rolls</p> <p>Shredded Romaine Lettuce &amp; Sliced Tomato</p>	<p>Assorted Meats, Cheeses &amp; other Proteins</p> <p>Whole Grain Sliced Bread, Whole Grain Tortillas and Rolls</p> <p>Shredded Romaine Lettuce &amp; Sliced Tomato</p>	<p>Assorted Meats, Cheeses &amp; other Proteins</p> <p>Whole Grain Sliced Bread, Whole Grain Tortillas and Rolls</p> <p>Shredded Romaine Lettuce &amp; Sliced Tomato</p>	<p>Assorted Meats, Cheeses &amp; other Proteins</p> <p>Whole Grain Sliced Bread, Whole Grain Tortillas and Rolls</p> <p>Shredded Romaine Lettuce &amp; Sliced Tomato</p>	
 <p>Freshly Made Grab-and-Go Sandwiches, Salads and More</p>	<p>Assorted Daily Salads</p> <p>Strawberry or Blueberry Parfait with Granola</p>	<p>Assorted Daily Salads</p> <p>Strawberry or Blueberry Parfait with Granola</p>	<p>Assorted Daily Salads</p> <p>Strawberry or Blueberry Parfait with Granola</p>	<p>Assorted Daily Salads</p> <p>Strawberry or Blueberry Parfait with Granola</p>	
<p style="text-align: center;"><b>GRILL</b></p> <p>Romaine Lettuce and Sliced Tomatoes Available Daily</p>	<p>Special of the Day</p> <p>Classic American Cheeseburger</p> <p>Crispy Chicken Patty Sandwich</p>	<p>Special of the Day</p> <p>Classic American Cheeseburger</p> <p>Crispy Chicken Patty Sandwich</p>	<p>Special of the Day</p> <p>Classic American Cheeseburger</p> <p>Crispy Chicken Patty Sandwich</p>	<p>Special of the Day</p> <p>Classic American Cheeseburger</p> <p>Crispy Chicken Patty Sandwich</p>	
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